mixing them thus indiſcriminately together, is very improper.

To ſay the truth women are, in general, too familiar with each other, which leads to that groſs degree of familiarity that ſo frequently renders the marriage ſtate unhappy. Why in the name of decency are ſiſters, female intimates, or ladies and their waiting-women, to be ſo groſsly familiar as to forget the reſpect which one human creature owes to another? That ſqueamiſh delicacy which ſhrinks from the moſt diſguſting offices when affection * or humanity lead us to watch at a ſick pillow, is deſpicable. But, why women in health ſhould be more familiar with each other than men are, when they boaſt of their ſuperiour delicacy, is a ſoleciſm in manners which I could never ſolve.

In order to preſerve health and beauty, I ſhould earneſtly recommend frequent ablutions, to dignify my advice that it may not offend the faſtidious ear; and, by example, girls ought to be taught to waſh and dreſs alone,

* Affection would rather make one chooſe to perform theſe offices, to ſpare the delicacy of a friend, by ſtill keeping a veil over them, for the perſonal helpleſſneſs, produced by ſickneſs, is of an humbling nature.

without

without any diſtinction of rank; and if cuſtom ſhould make them require ſome little aſſiſtance, let them not require it till that part of the buſineſs is over which ought never to be done before a fellow-creature; becauſe it is an inſult to the majeſty of human nature. Not on the ſcore of modeſty, but decency; for the care which ſome modeſt women take, making at the ſame time a diſplay of that care, not to let their legs be ſeen, is as childiſh as immodeſt *.

I could proceed ſtill further, till I animadverted on ſome ſtill more naſty cuſtoms, which men never fall into. Secrets are told —where ſilence ought to reign; and that regard to cleanlineſs, which ſome religious ſects have, perhaps, carried too far, eſpecially the Eſſenes, amongſt the Jews, by making that an inſult to God which is only an inſult to humanity, is violated in a beaſtly manner. How can *delicate* women obtrude on notice that part of the animal œconomy, which is

* I remember to have met with a ſentence, in a book of education, that made me ſmile. 'It would be needleſs to 'caution you againſt putting your hand, by chance, under 'your neck-handkerchief; for a modeſt woman never 'did ſo!'